

**Table B**  
**Levels and Numbers of Core Clinical Treatment Services That Program Participants Must Receive**

CORE CLINICAL TREATMENT SERVICES	INTENSIVE	SUPPORTIVE	TRANSITIONAL
<p><b>1 Forensic Individual Contact:</b> A one-on-one, face-to-face session between a program participant and a clinician with the purpose, among others, to assess current mental status and level of functioning, monitor the participant's behavior and symptoms for indications of reoffense precursors, and provide goal-directed therapeutic interventions to facilitate the participant's progress toward the goals and objectives specified in the individual's treatment plan.</p>	Four services per month	One service per month	One service per month
<p><b>2 Group Contact:</b> A face-to-face session between a clinician and a group of two or more program participants who are usually at a similar level of functioning with the purpose, among others, being to expand interpersonal skills and group-oriented, goal-directed interventions to facilitate coping with mental illness and life situations.</p>	Four services per month	Four services per month	Four services per month
<p><b>3 Home Visits:</b> A scheduled or unscheduled visit by a clinician to the home of the program participant in order to determine the participant's current level of functioning in the home environment and to assess the participant's living situation by considering the neighborhood environment, anyone living with the participant, and the presence or absence of prohibited weapons, unauthorized substances, pornography, or other contraband.</p>	Four services per month	Four services per month	One service per month
<p><b>4 Collateral Contact:</b> A face-to-face discussion with the people who play a significant role in the program participant's life—such as family members, friends, or employers—who can reliably provide feedback about the participant's level of functioning and any possible warning signs, including signs of substance use, risk of sexual reoffense, or failure to comply with the terms and conditions of outpatient treatment.</p>	Four services per month	One service per month	One service per month
<p><b>5 Substance Use Screenings:</b> A visit to the program participant to obtain the individual's urine samples, which are to be collected at random, unscheduled times and submitted for analysis to the CONREP statewide contract laboratory—to confirm the presence or absence of a specified panel of unauthorized substances in order to accurately assess the participant's substance use behavior.</p>	Four services per month	One service per month	One service per month
<p><b>6 Annual Case Review:</b> An interdisciplinary staff meeting during which staff review the program participant's clinical status in order to update the participant's treatment goals and objectives by considering relevant clinical data.</p>	One service per year	One service per year	One service per year

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<p><b>7 Dynamic Risk and Personality Testing Assessments:</b> An assessment of the participant’s risk factors for reoffense—including social influences, intimacy deficits, and sexual self-regulation—in addition to the participant’s traits, internal states, and functioning as a measure of treatment progress and reevaluation of the threat the participant poses for reoffense.</p>	Two services per year	Two services per year	Two services per year
<p><b>8 Polygraphic Assessments:</b> An assessment that uses biometric instrumentation to detect deception in order to verify the details of the program participant’s sexual history, increase the participant’s accountability, enhance supervision, assist in public safety, and monitor the participant’s progress in treatment. Inquiry may be made about new sex crimes, contact with minors, drug or alcohol use, pornography use, and any violations of the law to verify that the participant has not reoffended.</p>	One initial service for any participant who does not have a sexual history polygraph in his or her file, followed by four maintenance services per year	One initial service for any participant who does not have a sexual history polygraph in his or her file, followed by two maintenance services per year	One initial service for any participant who does not have a sexual history polygraph in his or her file, followed by two maintenance services per year
<p><b>9 Sexual Interest Screenings or Sexual Arousal Assessments:</b> Screenings or assessments using computer-assisted and biometric technology to objectively measure a program participant’s sexual interest or arousal in order to develop a baseline measure of a participant’s deviant sexual interest or arousal. Subsequent assessments measure the impact of specific sex offender treatment and other interventions on deviant sexual interest or arousal.</p>	One service per year	One service per year	One service per year
<p><b>10 GPS Data Review:</b> A review of GPS data that results from hardware and software used to track a program participant’s movements and to set up rules that generate alerts when the participant enters an off-limits zone or violates curfew. The purpose of data review is to enhance public safety by ensuring that a participant does not enter areas that are off limits to him or her.</p>	GPS data are reviewed once per day. Afterhours GPS alerts are handled by the on-call staff.	GPS data are reviewed once per day. Afterhours GPS alerts are handled by the on-call staff.	GPS data are reviewed once per day. Afterhours GPS alerts are handled by the on-call staff.

Source: DSH’s contract with Liberty Healthcare and DSH’s operations manual.